

## NJHS/NHS Volunteer suggestion list

THIS LIST INCLUDES COMMONLY ACCEPTED COMMUNITY SERVICE THAT STUDENTS ENGAGE IN FOR THE NATIONAL HONOR SOCIETY THROUGHOUT THE FREEHOLD REGIONAL HIGH SCHOOL DISTRICT. IT IS NOT MEANT TO BE COMPREHENSIVE SO ANY STUDENT THAT IS INTERESTED IN COMMUNITY SERVICE NOT ON THIS LIST SHOULD SEEK THE APPROVAL OF THEIR ADVISOR(S). ANY SERVICE ON THIS LIST THAT FITS OUR CRITERIA AND IS FULLY DOCUMENTED WILL BE ACCEPTED.

Activities eligible for the National Honor Society required community service hours

1. Hospital Service;
2. Religious Service Projects/Volunteering at a Cultural Center;
3. Teaching Assistant- Chinese School, Hebrew School, CCD, etc.;
4. First Aide/Fire Departments including EMT training/Police Explorers;
5. Girl/Boy Scouts-Community Events and Eagle Scout Projects only, NO MEETING HOURS;
6. Habitat for Humanity;
7. ASPCA/SPCA;
8. Public Library;
9. Sports Camps- Volunteer service only;
10. Maricopa County Parks;
11. American Cancer Society;
12. Tutoring associated with a structured organization- Private tutoring not accepted;
13. Youth Ministries- Tutoring, outreach, etc.;
14. Boys and Girls Club
15. Mission/Relief work projects;
16. Soup Kitchens/Lunch Break;
17. Senior Centers, Nursing Homes, Adopt a Grandparent;
18. Love Inc./Project Angel;
19. Environmental Projects;
20. Preventative Drug, Alcohol, Violence & Abuse Programs;
21. Red Cross (Blood Drives, Emergency preparedness, etc.);
23. United Way Big Brothers/Big Sisters;
24. Adopt a Highway;
25. IB volunteer hours;
26. Fundraising hours for non-profit organizations;
28. Elementary/Middle School Help; and
29. Assistant for Youth Team (with verification from coach).
30. Altitude Trampoline Park- Gilbert

## **NJHS/NHS Volunteer suggestion list**

THIS LIST INCLUDES COMMON ACTIVITIES THAT ARE NOT COMMUNITY SERVICE. ANYTHING ON THIS LIST OR SIMILAR TO ACTIVITIES ON THIS LIST WILL NOT BE ACCEPTED AS COMMUNITY SERVICE FOR NATIONAL HONOR SOCIETY.

Activities NOT eligible for National Honor Society required community service hours

1. Service at private doctor's office/EMO;
2. Service at a private law firm;
3. Service at a family owned business or private business of any type;
4. Private tutoring (not done through an established organization);
5. Babysitting (paid or unpaid);
6. Assisting a neighbor, friend, peer;
7. Work with an organization where volunteering is required for your or someone else's membership (pay to play athletic leagues where children or parents must volunteer time in order for a child to play);
8. In school activities that are a required component of a club and/or class;
9. Internships (personal development is not community service);
10. Political Campaigns;
11. Job Training, CIT/Counselor in Training: Job training is considered as getting ready for a paid position and therefore is not considered volunteer work even though it is unpaid;
12. If you received any pay or benefits for your work it is not considered volunteer work;
13. Chores (even if you do them for someone outside your family);
14. Jobs and/or Employment (even if unpaid);
15. Model United Nations;
16. Math/Science competitive teams; and
17. Fundraising for a club or sports team.

NOTE: ANY QUESTIONS ABOUT WHAT IS OR IS NOT CONSIDERED NHS COMMUNITY SERVICE SHOULD BE BROUGHT TO THE ADVISOR(S) PRIOR TO ENGAGING IN THE ACTIVITY SO THE STUDENT IS CLEAR AHEAD OF TIME WHETHER THE SERVICE WILL BE ACCEPTED OR NOT.