

EDUPRIZE Grade 4 Academic Extensions during School Closure - March 24-27

	Monday 3/23	Tuesday 3/24	Wednesday 3/25	Thursday 3/26	Friday 3/27
Math		DreamBox 15 minutes Student access If needed, check with the teacher for username and password.	DreamBox 15 minutes Student access If needed, check with the teacher for username and password.	DreamBox 15 minutes Student access If needed, check with the teacher for username and password.	DreamBox 15 minutes Student access If needed, check with the teacher for username and password.
Reading		Select a book of your choice and read for 20 minutes. Alternate: Read to a younger sibling.	Select a book of your choice and read for 20 minutes. Alternate: Read to a younger sibling.	Select a book of your choice and read for 20 minutes. Alternate: Read to a younger sibling.	Select a book of your choice and read for 20 minutes. Alternate: Read to a younger sibling.
Writing		Respond to the following writing prompt: <i>What is your favorite thing about being home today? Why?</i>	Practice writing your name (first and last) in cursive.	Respond to the following writing prompt: <i>If I were President of the United States for one day, I would ...</i>	Select a live camera feed from San Diego Zoo and watch the animal(s) for a few minutes. Answer the following prompt: <i>Why did you select that animal? What did you like or dislike about viewing the animal on the web camera?</i>
Social Studies/Science		Take a photograph of a plant or flower outside your home. Select crayons as close in color as possible to the colors	Look again at the photograph that you took yesterday. Are there other plants of the same type in the same area? If there	Watch this Plant video and consider the plant/flower that you selected earlier in the week. Based on what you learned from the	-

		<p>in the photograph. Draw the flower/plant. Try to pay attention to the shape of the leaves on the plant. Label your drawing with the parts of the plant. Tell an adult why you selected this specific plant to photograph and draw.</p>	<p>are, do they appear to all be the same size? Consider why they may be the same or different sizes. If there are no other plants like the one you selected, why do you think it's the only one?</p>	<p>video, answer the following:</p> <ul style="list-style-type: none"> - <i>How does your plant receive the nutrients that it needs?</i> - <i>Does your plant have any protective features (thorns, etc.)</i> - <i>Name one way in which plants help our environment.</i> 	
Physical Health		<p>Outdoor possibilities (with adult supervision): Ball games, tag, races with siblings, bike rides, etc. Indoor possibilities: Jumping jacks, jogging in place, dancing to your favorite music</p>	<p>Outdoor possibilities (with adult supervision): Ball games, tag, races with siblings, bike rides, etc. Indoor possibilities: Jumping jacks, jogging in place, dancing to your favorite music</p>	<p>Outdoor possibilities (with adult supervision): Ball games, tag, races with siblings, bike rides, etc. Indoor possibilities: Jumping jacks, jogging in place, dancing to your favorite music</p>	<p>Outdoor possibilities (with adult supervision): Ball games, tag, races with siblings, bike rides, etc. Indoor possibilities: Jumping jacks, jogging in place, dancing to your favorite music</p>
Extra Activities		<p>For 10-15 minutes, explore some of the NASA photographs that interest you the most. Share with an adult something that you enjoyed from the pictures.</p>	<p>Students in your age-group ideally should eat approximately 30-40 grams of protein daily. For everything you eat today, look at the nutrition label or look at the guidelines below and write down how many grams of</p>	<p>With parent supervision, help cook a meal or bake a treat. Measure out the ingredients according to the recipe. Note: knives or stovetop/oven use must be by permission/supervision of a parent or other</p>	<p>Write a letter to an older relative. Tell them about your activities this week. Draw a picture and include it in with the letter. Ask your parent to address and mail the letter.</p>

			<p>protein you are eating.</p> <p>Meats: one ounce of meat contains approximately 7 grams of protein.</p> <p>One egg: contains approximately 6 grams of protein.</p> <p>Vegetables: vary in their protein content, but on average they contain approximately 5 grams of protein per cup of vegetables.</p> <p>At the end of the day, calculate the total number of grams of protein that you ate. How close were you to the recommended range of 30-40 grams for your age group?</p>	adult.	
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